

Santa Clara County Senior Nutrition Program Lunch Menu

SITE: SUNNYVALE – 535 Old San Francisco Rd (408) 739-0833

Menu available at www.sunnyvale-snp.org

High Salt Item Designated by: 

Vegetarian Item Designated by: 

Brain Healthy Foods Designated by: 

MONTH: DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lemon Pepper Tilapia 1 Whole Wheat Roll Roasted Sweet Potatoes 5-Way Vegetables Fresh Apple	Chicken Teriyaki Bowl 2 With Brown Rice Bok Choy, Red Bell Peppers, Broccoli and Mushrooms Mandarin Oranges	Spaghetti with Beef Sauce 3 Corn Caesar Salad Fresh Orange	Potato Crusted Cod 4 Cous Cous Green Beans Cauliflower and Carrots Fresh Cantaloupe	BBQ Ribs 5 Whole Wheat Bun Roasted Potato Medley Caribbean Blend Vegetables Fresh Banana
Orange Chicken 8 With Stir Fry Vegetables Brown Rice Cabbage Salad Fresh Cantaloupe	Beef Stew 9 Whole Wheat Roll Potatoes, Carrots and Celery in Entrée Fresh Orange	Beer Battered Cod 10 Wild Rice Butternut Squash Cauliflower Fresh Apple	Beef Meatloaf 11 Whole Wheat Bread Mashed Potatoes Caribbean Blend Vegetables Mandarin Oranges	Roasted Pork Loin 12 Whole Wheat Roll Scalloped Potatoes Brussel Sprouts Fresh Banana
Salisbury Beef Steak 15 Whole Wheat Roll Mashed Potatoes 5-Way Vegetables Fresh Orange	Sausage Pizza with Bell Peppers & Black Olives 16 Hard Boiled Egg Green Salad Mandarin Oranges	Chicken Cordon Bleu 17 Whole Wheat Roll Scalloped Potatoes Carrots and Broccoli Fresh Apple	Edamame Noodle Bowl 18 With Garbanzo beans, Roasted Broccoli, Bok Choy, Mushrooms, Onions, Carrots and Red Bell Peppers Fresh Cantaloupe	Baked Salmon 19 Whole Wheat Roll Roasted Butternut Squash Cauliflower Fresh Banana
Beef in Puff Pastry 22 Sweet Potatoes Peas & Carrots Fresh Oranges	Flour Dusted Sole 23 Quinoa Medley Brussel Sprouts Smashed Peas Fresh Cantaloupe	Swedish Meatballs 24 Whole Grain Egg Noodles Broccoli and Cauliflower Green Salad with Tomatoes Mandarin Oranges	CLOSED <i>Season's Greetings</i> 	CLOSED <i>Season's Greetings</i> 
Pork Carnitas Tacos 29 Corn Tortilla Fiesta Corn Refried Beans Cabbage Salad with Carrots Mandarin Oranges	Chicken Alfredo 30 With Whole Grain Spaghetti Broccoli and Cauliflower Zucchini Fresh Apples	Baked Fish 31 Whole Wheat Roll Roasted Potato Medley Peas and Carrots Fresh Orange		

Each meal contains ~750-900 mg of sodium.

All meals include milk.

Menu subject to change.

Guest fee is \$9.00 per meal.

\$5.00 Suggested Contribution for Nutrition Lunch Program for Seniors 60+
Additional Funding by City of Sunnyvale

