

Santa Clara County Senior Nutrition Program Lunch Menu

SITE: SUNNYVALE – 535 Old San Francisco Rd (408) 739-0833

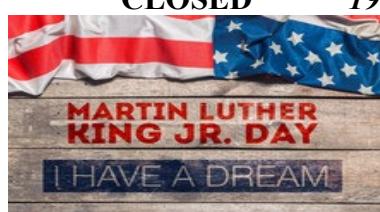
Menu available at www.sunnyvale-snp.org

High Salt Item Designated by: 

Vegetarian Item Designated by: 

Brain Healthy Foods Designated by: 

MONTH: JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Carnitas Tacos 29 Corn Tortilla Fiesta Corn Refried Beans Cabbage Salad with Carrots Mandarin Oranges	Chicken Alfredo 30 With Whole Grain Spaghetti Broccoli and Cauliflower Zucchini Fresh Apple	Baked Fish  31 Whole Wheat Roll Roasted Potato Medley Peas and Carrots Fresh Orange	CLOSED 1 	CLOSED 2 
Lemon Pepper Tilapia  5 Whole Wheat Roll Roasted Sweet Potatoes 5-Way Vegetables Fresh Apple	Chicken Teriyaki Bowl 6 With Brown Rice Bok Choy, Red Bell Peppers, Broccoli and Mushrooms Mandarin Oranges	Spaghetti with Beef Sauce 7 Corn Caesar Salad Fresh Orange	Potato Crusted Cod  8 Cous Cous Green Beans Cauliflower and Carrots Fresh Cantaloupe	BBQ Ribs 9 Whole Wheat Bun Roasted Potato Medley Caribbean Blend Vegetables Fresh Banana
Chicken Stir Fry 12 With Stir Fry Vegetables Brown Rice Cabbage Salad Fresh Cantaloupe	Beef Stew 13 Whole Wheat Roll Potatoes, Carrots and Celery in Entrée Fresh Orange	Beer Battered Cod  14 Wild Rice Butternut Squash Cauliflower Fresh Apple	Beef Meatloaf 15 Whole Wheat Bread Mashed Potatoes Caribbean Blend Vegetables Mandarin Oranges	Roasted Pork Loin 16 Whole Wheat Roll Scalloped Potatoes Brussel Sprouts Fresh Banana
CLOSED 19 	Sausage Pizza with  Bell Peppers & Black Olives 20 Hard Boiled Egg Green Salad Mandarin Oranges	Chicken Cordon Bleu 21 Whole Wheat Roll Scalloped Potatoes Carrots and Broccoli Fresh Apple	Edamame Noodle Bowl  22 With Garbanzo beans, Roasted Broccoli, Bok Choy, Mushrooms, Onions, Carrots and Red Bell Peppers Fresh Cantaloupe	Baked Salmon  23 Whole Wheat Roll Roasted Butternut Squash Cauliflower Fresh Banana
Chicken Pot Pie 26 With 5-way vegetables Whole Grain Biscuit Green Salad with Tomatoes Fresh Cantaloupe	Flour Dusted Sole  27 Quinoa Medley Brussel Sprouts Smashed Peas Fresh Apple	Beef Brisket 28 Whole Wheat Roll Baked Beans Peas and Carrots Fresh Orange	Baked Chicken Thighs 29 Biscuit Roasted Potato Medley Spinach Mandarin Oranges	Swedish Meatballs 30 Whole Grain Egg Noodles Broccoli and Cauliflower Green Salad with Tomatoes Fresh Banana

Each meal contains ~750-900 mg of sodium.
All meals include milk.
Menu subject to change.
Guest fee is \$9.00 per meal.

\$5.00 Suggested Contribution for Nutrition Lunch Program for Seniors 60+

Additional Funding by City of Sunnyvale

