

Santa Clara County Senior Nutrition Program Lunch Menu

High Salt Item Designated by: 
 Vegetarian Item Designated by: 
 Brain Healthy Foods Designated by: 

SITE: SUNNYVALE – 535 Old San Francisco Rd (408) 739-0833

Menu available at www.sunnyvale-snp.org

MONTH: JULY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lemon Pepper Tilapia • 29 Whole Wheat Roll Roasted Sweet Potatoes 5-Way Vegetables Fresh Apple	Chicken Teriyaki Bowl 30 With Brown Rice Bok Choy, Red Bell Peppers, Broccoli and Mushrooms Mandarin Oranges	Mahi Mahi 1 Whole Wheat Roll Smashed Peas Roasted Butternut Squash Fresh Orange	CLOSED 2 	CLOSED 3 
Baked Chicken Thighs 6 Biscuit Potato Salad Broccoli Fresh Apple	Beef Brisket 7 Whole Wheat Roll Roasted Butternut Squash 5-Way Vegetables Fresh Orange	Ground Pork Tacos 8 Corn Tortilla Poblano Pepper and Corn Refried Beans Cabbage Salad with Carrots Mandarin Oranges	Edamame Noodle Bowl • 9 With Garbanzo beans, Roasted Broccoli, Bok Choy, Mushrooms, Onions, Carrots and Red Bell Peppers Fresh Cantaloupe	Baked Salmon • 10 Whole Wheat Roll Roasted Potato Medley Caribbean Blend Vegetables Fresh Banana
Grilled Cheeseburger 13 Whole Grain Bun Corn Spinach Salad with dried cranberries Mandarin Oranges	Asian Pork Loin 14 Brown Rice Green Beans Bok Choy and Mushrooms Fresh Cantaloupe	Lemon Pepper Tilapia 15 Quinoa Medley Roasted Brussel Sprouts 5-Way Vegetables Fresh Apple	Mediterranean Chicken 16 Cous Cous Broccoli, Mushrooms, Red bell Peppers, and Onions Hummus and Tzatziki Sauce Fresh Orange	Salisbury Beef Steak 17 Whole Wheat Roll Mashed Potatoes Broccoli and Carrots Fresh Banana
Baked Cod • 20 Whole Wheat Roll Roasted Potato Medley Green Beans Fresh Cantaloupe	Chicken stuffed with Broccoli and Cheese 21 Whole Wheat Roll Scalloped Potatoes Caribbean Vegetables Fresh Apple	BBQ Pork Ribs 22 Whole Wheat Bread Roasted Brussel Sprouts Romesco Broccoli and Carrots Mandarin Oranges	Beef Stroganoff 23 Whole Grain Egg Noodles Broccoli and Cauliflower Corn Fresh Orange	Orange Chicken 24 With Stir Fry Vegetables Brown Rice Cabbage Salad with Shredded Carrots Fresh Banana
Roasted Pork Loin 27 Whole Wheat Roll Scalloped Potatoes Broccoli and Cauliflower Mandarin Oranges	Tuna Salad Sandwich 28 Carrots Sticks Green Salad with Tomatoes Fresh Oranges	Beef Meatloaf 29 Whole Wheat Roll Roasted Sweet Potatoes Caribbean Blend Vegetables Fresh Apple	Pineapple Teriyaki Chicken 30 Macaroni Salad Peas and Carrots Green Salad with Tomatoes Fresh Cantaloupe	Coconut Tilapia 31 Whole Wheat Roll Roasted Potato Medley Cauliflower and Broccoli Fresh Banana

Each meal contains ~750-900 mg of sodium. All meals include milk.
 Menu subject to change.
 Guest fee is \$9.00 per meal.

\$5.00 Suggested Contribution for Nutrition Lunch Program for Seniors 60+

Additional Funding by City of Sunnyvale

