

Santa Clara County Senior Nutrition Program Lunch Menu

High Salt Item Designated by: 
Vegetarian Item Designated by: 
Brain Healthy Foods Designated by: 

SITE: SUNNYVALE – 535 Old San Francisco Rd (408) 739-0833

Menu available at www.sunnyvale-snp.org

MONTH: AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Potato Crusted Cod  3 Cous Cous Romanesco Broccoli 5-Way Vegetables Fresh Cantaloupe	Chicken Alfredo 4 With Whole Grain Spaghetti Broccoli and Carrots Zucchini Mandarin Oranges	Mahi Mahi 5 Whole Wheat Roll Smashed Peas Roasted Butternut Squash Fresh Orange	Roast Beef 6 Whole Grain Roll Mashed Potatoes Roasted Brussel Sprouts Fresh Apple	Pork Sausage Pizza 7 <i>with Bell Peppers and Black Olives</i> Hard Boiled Egg 3 Bean Salad Fresh Banana
BBQ Chicken Thighs 10 Biscuit Potato Salad Broccoli Fresh Apple	Beef Brisket 11 Whole Wheat Roll Roasted Butternut Squash 5-Way Vegetables Fresh Orange	Ground Pork Tacos 12 Corn Tortilla Poblano Pepper and Corn Refried Beans Cabbage Salad with Carrots Mandarin Oranges	Edamame Noodle Bowl  13 With Garbanzo beans, Roasted Broccoli, Bok Choy, Mushrooms, Onions, Carrots and Red Bell Peppers Fresh Cantaloupe	Baked Salmon  14 Whole Wheat Roll Roasted Potato Medley Caribbean Blend Vegetables Fresh Banana
Grilled Cheeseburger 17 Whole Grain Bun Corn Spinach Salad with dried cranberries Mandarin Oranges	Asian Pork Loin 18 Brown Rice Green Beans Bok Choy and Mushrooms Fresh Cantaloupe	Lemon Pepper Tilapia 19 Quinoa Medley Roasted Brussel Sprouts 5-Way Vegetables Fresh Apple	Mediterranean Chicken 20 Cous Cous Broccoli, Mushrooms, Red bell Peppers, and Onions Hummus and Tzatziki Sauce Fresh Orange	Salisbury Beef Steak 21 Whole Wheat Roll Mashed Potatoes Broccoli and Carrots Fresh Banana
Baked Cod  24 Whole Wheat Roll Roasted Potato Medley Green Beans Fresh Cantaloupe	Chicken stuffed with Broccoli and Cheese 25 Whole Wheat Roll Scalloped Potatoes Caribbean Vegetables Fresh Apple	BBQ Pork Ribs 26 Whole Wheat Bread Roasted Brussel Sprouts Romesco Broccoli and Carrots Mandarin Oranges	Beef Stroganoff 27 Whole Grain Egg Noodles Broccoli and Cauliflower Corn Fresh Orange	Orange Chicken 28 With Stir Fry Vegetables Brown Rice Cabbage Salad with Shredded Carrots Fresh Banana
Roasted Pork Loin 31 Whole Wheat Roll Scalloped Potatoes Broccoli and Cauliflower Mandarin Oranges				

Each meal contains ~750-900 mg of sodium. All meals include milk.
Menu subject to change.
Guest fee is \$9.00 per meal.

\$5.00 Suggested Contribution for Nutrition Lunch Program for Seniors 60+

Additional Funding by City of Sunnyvale

