

Santa Clara County Senior Nutrition Program Lunch Menu

High Salt Item Designated by: 
 Vegetarian Item Designated by: 
 Brain Healthy Foods Designated by: 

SITE: SUNNYVALE – 535 Old San Francisco Rd (408) 739-0833

Menu available at www.sunnyvale-snp.org

MONTH: SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Roasted Pork Loin 31 Whole Wheat Roll Scalloped Potatoes Broccoli and Cauliflower Mandarin Oranges	Tuna Salad Sandwich 1 Carrots Sticks Green Salad with Tomatoes Fresh Oranges	Beef Meatloaf 2 Whole Wheat Roll Roasted Sweet Potatoes Caribbean Blend Vegetables Fresh Apple	Pineapple Teriyaki Chicken 3 Macaroni Salad Peas and Carrots Green Salad with Tomatoes Fresh Cantaloupe	Coconut Tilapia 4 Whole Wheat Roll Roasted Potato Medley Cauliflower and Broccoli Fresh Banana
CLOSED 7 	Chicken Alfredo 8 With Whole Grain Spaghetti Broccoli and Carrots Zucchini Mandarin Oranges	Mahi Mahi 9 Whole Wheat Roll Smashed Peas Roasted Butternut Squash Fresh Orange	Roast Beef 10 Whole Grain Roll Mashed Potatoes Roasted Brussel Sprouts Fresh Apple	Pork Sausage Pizza 11 <i>with Bell Peppers and Black Olives</i> Hard Boiled Egg 3 Bean Salad Fresh Banana
Baked Chicken Thighs 14 Biscuit Potato Salad Broccoli Fresh Apple	Beef Brisket 15 Whole Wheat Roll Roasted Butternut Squash 5-Way Vegetables Fresh Orange	Ground Pork Tacos 16 Corn Tortilla Poblano Pepper and Corn Refried Beans Cabbage Salad with Carrots Mandarin Oranges	Edamame Noodle Bowl 17 With Garbanzo beans,  Roasted Broccoli, Bok Choy, Mushrooms, Onions, Carrots and Red Bell Peppers Fresh Cantaloupe	Baked Salmon 18 Whole Wheat Roll Roasted Potato Medley Caribbean Blend Vegetables Fresh Banana
Grilled Cheeseburger 21 Whole Grain Bun Corn Spinach Salad with dried cranberries Mandarin Oranges	Mediterranean Chicken 22 Cous Cous Broccoli, Mushrooms, Red bell Peppers, and Onions Hummus and Tzatziki Sauce Fresh Orange	Lemon Pepper Tilapia 23 Quinoa Medley Roasted Brussel Sprouts 5-Way Vegetables Fresh Apple	Salisbury Beef Steak 24 Whole Wheat Roll Mashed Potatoes Broccoli Fresh Cantaloupe	Asian Pork Loin 25 Brown Rice Green Beans Bok Choy, Carrots and Mushrooms Fresh Banana
Baked Cod 28 Whole Wheat Roll Roasted Potato Medley Green Beans Fresh Cantaloupe	Chicken stuffed with Broccoli and Cheese 29 Whole Wheat Roll Scalloped Potatoes Caribbean Vegetables Fresh Apple	BBQ Pork Ribs 30 Whole Wheat Bread Roasted Brussel Sprouts Romesco Broccoli and Carrots Mandarin Oranges		

Each meal contains ~750-900 mg of sodium. All meals include milk.
 Menu subject to change.
 Guest fee is \$9.00 per meal.

\$5.00 Suggested Contribution for Nutrition Lunch Program for Seniors 60+

Additional Funding by City of Sunnyvale

