

Santa Clara County Senior Nutrition Program Lunch Menu

High Salt Item Designated by: 
 Vegetarian Item Designated by: 
 Brain Healthy Foods Designated by: 

SITE: SUNNYVALE – 535 Old San Francisco Rd (408) 739-0833

Menu available at www.sunnyvale-snp.org

MONTH: OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Baked Cod</i>  28 Whole Wheat Roll Roasted Potato Medley Green Beans Fresh Cantaloupe	<i>Chicken stuffed with Broccoli and Cheese</i> 29 Whole Wheat Roll Scalloped Potatoes Caribbean Vegetables Fresh Apple	<i>BBQ Pork Ribs</i> 30 Whole Wheat Bread Roasted Brussel Sprouts Romesco Broccoli and Carrots Mandarin Oranges	<i>Beef Stroganoff</i> 1 Whole Grain Egg Noodles Broccoli and Cauliflower Corn Fresh Orange	<i>Orange Chicken</i> 2 With Stir Fry Vegetables Brown Rice Cabbage Salad with Shredded Carrots Fresh Banana
<i>Roasted Pork Loin</i> 5 Whole Wheat Roll Scalloped Potatoes Broccoli and Cauliflower Mandarin Oranges	<i>Tuna Salad Sandwich</i> 6 Carrots Sticks Green Salad with Tomatoes Fresh Oranges	<i>Beef Meatloaf</i> 7 Whole Wheat Roll Roasted Sweet Potatoes Caribbean Blend Vegetables Fresh Apple	<i>Pineapple Teriyaki Chicken</i> 8 Macaroni Salad Peas and Carrots Green Salad with Tomatoes Fresh Cantaloupe	<i>Coconut Tilapia</i> 9 Whole Wheat Roll Roasted Potato Medley Cauliflower and Broccoli Fresh Banana
<i>Baked Chicken Thighs</i> 12 Biscuit Potato Salad Broccoli Fresh Apple	<i>Beef Brisket</i> 13 Whole Wheat Roll Roasted Butternut Squash 5-Way Vegetables Fresh Orange	<i>Ground Pork Tacos</i> 14 Corn Tortilla Poblano Pepper and Corn Refried Beans Cabbage Salad with Carrots Mandarin Oranges	<i>Edamame Noodle Bowl</i>  15 With Garbanzo beans, Roasted Broccoli, Bok Choy, Mushrooms, Onions, Carrots and Red Bell Peppers Fresh Cantaloupe	<i>CLOSED</i> 16 
<i>Potato Crusted Cod</i>  19 Cous Cous Romanesco Broccoli 5-Way Vegetables Fresh Cantaloupe	<i>Chicken Alfredo</i> 20 With Whole Grain Spaghetti Broccoli and Carrots Zucchini Mandarin Oranges	<i>Roast Beef</i> 21 Whole Grain Roll Mashed Potatoes Roasted Brussel Sprouts Fresh Apple	<i>Mahi Mahi</i> 22 Whole Wheat Roll Smashed Peas Roasted Butternut Squash Fresh Orange	<i>Pork Sausage Pizza with Bell Peppers and Black Olives</i>  23 Hard Boiled Egg 3 Bean Salad Fresh Banana
<i>Salisbury Beef Steak</i> 26 Whole Wheat Roll Mashed Potatoes Broccoli and Carrots Mandarin Oranges	<i>Asian Pork Chop</i> 27 Brown Rice Green Beans Bok Choy and Mushrooms Fresh Cantaloupe	<i>Lemon Pepper Tilapia</i> 28 Quinoa Medley Roasted Brussel Sprouts 5-Way Vegetables Fresh Apple	<i>Mediterranean Chicken</i> 29 Cous Cous Broccoli, Mushrooms, Red bell Peppers, and Onions Hummus and Tzatziki Sauce Fresh Orange	<i>Beef "Eye Ball" Pasta</i>  30 Roasted Butternut Squash Scary Corn & Carrots Creepy Jello Fresh Banana

Each meal contains ~750-900 mg of sodium. All meals include milk.
 Menu subject to change.
 Guest fee is \$9.00 per meal.

\$5.00 Suggested Contribution for Nutrition Lunch Program for Seniors 60+

Additional Funding by City of Sunnyvale

